

## Detection of electrocardiogram QRS complex based on modified adaptive threshold

Ehab Abdul Razzaq Hussein<sup>1</sup>, Ali Shaban Hassooni<sup>2</sup>, Hilal Al-Libawy<sup>3</sup>

<sup>1,3</sup>Department of Electrical Engineering, Faculty of Engineering, University of Babylon, Iraq

<sup>2</sup>Department of Biomedical Engineering, Faculty of Engineering, University of Babylon, Iraq

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### ABSTRACT

It is essential for medical diagnoses to analyze Electrocardiogram (ECG signal). The core of this analysis is to detect the QRS complex. A modified approach is suggested in this work for QRS detection of ECG signals using existing database of arrhythmias. The proposed approach starts with the same steps of previous approaches by filtering the ECG. The filtered signal is then fed to a differentiator to enhance the signal. The modified adaptive threshold method which is suggested in this work, is used to improve QRS complex detection rate. This method uses a new approach for adapting threshold level, which is based on statistical analysis of the signal. Forty-eight records from an existing arrhythmia database have been tested using the modified method. The result of the proposed method shows the high performance of QRS complex detection metrics with a positive predictivity of 99.88% and sensitivity of 99.62%.

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### Corresponding Author:

Ehab Abdul Razzaq Hussein,

Department of Electrical Engineering,

University of Babylon,

Hillah-Najaf Road, Elect. Dept., Faculty of Eng., University of Babylon, Babylon, Iraq.

Email: dr.ehab@itnet.uobabylon.edu.iq

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## 1. INTRODUCTION

Heart disease and cardiac stroke are the most leading causing of fatalities around the world in the last 15 years. These diseases were responsible for a 15.2 million deaths in 2016 [1]. The necessity and urgency of dealing and early detecting of these diseases were the motivation behind many publications and research center tasks. Different types of physiological signals can be captured from a human body to detect some signs of heart disease. The most detectable signal is the Electrocardiogram (ECG) which representative of the cyclical rhythm of heart muscles. ECG instruments can sense such electrical pulses because of its strength by electrodes positioned on the human skin [2, 3]. These electrical pulses, represented ECG, can be plotted or saved in a format that can be interpreted by the specialists. ECG shape provides much information about heart state such as time interval and amplitude. Many features and metrics, consisting of many characteristic points, can detect cardiac abnormalities or behavioral changes such as heart rate variability [4].

Different segments of ECG signal have been used to detect the heart abnormalities. The QRS complex is considered one of the most significant parts of ECG signals. Pan and Tompkins [5] developed a method for the QRS complex detection. This method had used the assembly language and implementation was on a Z80 microprocessor. The performance of their method was deeply affected by frequency variation in QRS complexes which represented a main drawback of this algorithm. Therefore, a more adaptive real time QRS detection algorithm had been suggested by the same authors and implemented using the C language [6].

Different techniques have been suggested by researchers to detect QRS complex. One of the used technique is the Matched filters technique [7]. A syntactic technique is another technique used to detect QRS complex. But, this technique is very sensitive to noise [8]. Although, neural networks technique is affected badly with noise, but it gives good results when it uses with wavelet transform [9], [10]. Different combination of successful techniques is used to enhance results such as Hidden Markov Model with band-pass filter [11]. These combination result can be sensitive to some artifacts such as baseline wander or from heart rate variability or from noise [12]. Moreover, statistical and empirical methods are used to filter and detect QRS complex such as Empirical Mode Decomposition (EMD). The same researchers expands there work and used singularity method for QRS detection [13]. Where the authors used both soft threshold and singularity to detect QRS. Again, results of methods are still fragile against noise [14].

Based on state-of-the art research papers, it is found that Hilbert transform is the most successful approach for QRS detection. Hilbert transform has adopted in different methods to identify successfully the real peaks from ECG signal. Moreover, R-wave detection performance is improved by using methods depend on Hilbert transform. However, this good performance in detection results is not maintained when they applied on diseases affect wave amplitude as in ischemic cases [15]. For normal beat in simple ECG signals a fixed threshold can detect R-waves efficiently [16]. However, in realistic ECG measurements, signals may differ dramatically from each other, due to acquisition artifacts such as patient movement or severe baseline drifting. As a consequence, the probability of missing QRS complexes may be rising. Hence, a more sophisticated adaptive threshold is needed to enhance ability of QRS detection [17].

Researchers have been used many empirical thresholds to implement adaptive threshold. Different techniques used adaptive threshold such as wavelet transform technique is used for QRS detection, as well as P and T waves [18]. These techniques have provided very good results for R wave peak detection [19,20].

In this work a modified adaptive method is proposed to enhance the detection accuracy. This technique uses a new approach for adapting threshold level, which is based on statistical analysis of the signal. The proposed approach which is based on two threshold levels (upper and lower), is expected to overcome most challenges of noise and artifact polluted signals.

## 2. DETECTION OF THE QRS COMPLEX

One cycle of ECG signal comprises different time segments, including P, T, and QRS complex waves as shown in Figure 1. A U-wave segment may also appear in 50 to 75 % of ECG after the T-wave [21]. Based on several features extracted from these signals, cardiac abnormalities can be detected. The principal part of ECG analysis algorithm is mainly depends on how reliable and accurate QRS detection.

The depolarization of heart ventricles can be captured in a human skin, body as the QRS complex. The heart ventricles produce higher electrical activity than other parts of heart because they have greater muscle mass. R waves are the most significant highest amplitude part of ECG signal and hence it is the easiest part to detect. However, sometimes it is difficult to detect QRS complex. The challenges of QRS detection can be listed as follows: a) signal can be change dynamically with time, i.e., the ECG statistical properties not consistent with time; b) QRS complex may not be distinguishable all times; c) signal may be contaminated with noise (low SNR and artifacts, and e) QRS polarities may be inverted. Figure 2 shows an inverted R-peak. However, a good performance algorithm can detect QRS with both polarities of R-peaks. One of QRS complex challenges is shown in Figure 3 where a low amplitude R-peak is presented. Another challenge is the presence of ECG variation between two adjacent heart beats as shown in Figure 4.

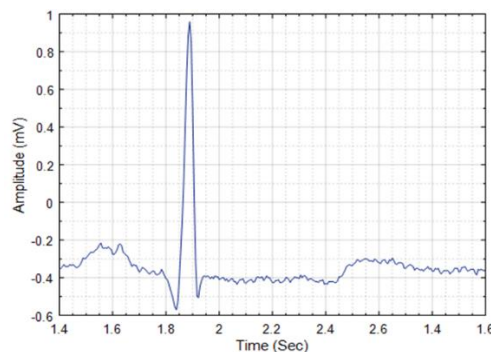


Figure 1. ECG for a single cardiac cycle; record 103 in the MIT-BIH database

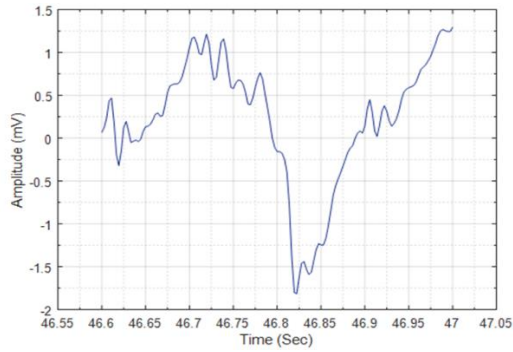


Figure 2. QRS of R-peak with negative polarity; record 228 in the MIT-BIH arrhythmia database

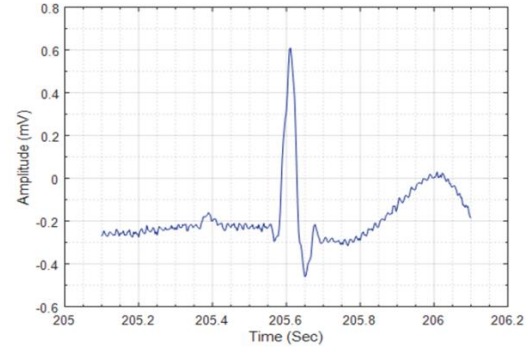


Figure 3. QRS of R-peak with low amplitude; record 228 in the MIT-BIH arrhythmia database

This variation may come due patients movement of the baseline drifting. This challenge degrades detection accuracy if a high fixed threshold is adopted. However, if a low fixed threshold is used instead, this can easily lead to inaccurate detections. The fixed threshold might also affect badly T and P wave detection. To overcome these challenges, an adaptive threshold algorithm has been used and it is mainly implemented using multiple thresholds empirically which can improve the accuracy QRS complexes detection.

### 3. AMPLIFIER PROPOSED ALGORITHM

Three distinct points form the QRS complex, which positioned within a single heart cycle referred to as Q, R and S. For peak detection, several features of signal details are extracted. Setting R Rush is the first step of extraction feature. Main part of the energy of a dedicated complex lies between 3 Hz and 40 Hz. Wavelets transform is used to detect QRS. The fast changes of QRS complex can be identified by the maximum and zero equations of wavelet conversion. Figure 4 shows the block diagram of the suggested method.

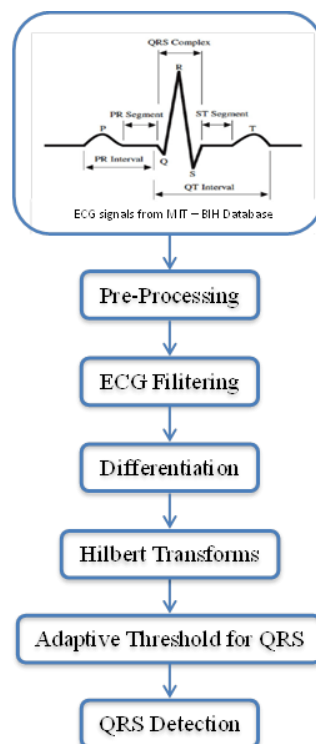


Figure 4. Block diagram of Proposed Algorithm

### 3.1. ECG study dataset

In this work, an existing data set is adopted to test the proposed algorithm. This dataset was taken from a standard database called Metabee Online Hematonic Database which contains approximately 4,000 ECG records. This dataset is collected from patients at the Israel Hospital Pacemaker Between 1975 and 1979 [22]. It recorded in patients with arrhythmia issues which consists of 48-hour and half-hour ISG records. The collected signals have been sampled at 360 Hz for each channel with a resolution of 11-bit.

### 3.2. Preprocessing

The baseline trajectory and the interference in the main electricity are the dominant source of noise and can strongly affect the ECG signal analysis. A wander baseline that arises because of breathing lies between 0.15 and 0.3 Hz. The interference on the main electricity is a narrow-band noise concentrated on a 60-degree range with a range less than 1 magnitude. The ECG signals are pre-processed by filtering to remove high-frequency noise, main electrical interference and baseline drifting, thus enhancing the signal standard and equipment exclusion and environmental changes.

### 3.3. Filtering ECG

Another filtering stage is used to enhance the desired information in ECG signal. This stage includes a band-pass filter which helps to enhance the QRS complex. This filter also helps to remove muscular artifact from the ECG signal. A Butterworth band-pass filter with an order of 6 has been applied. This filter is set from 5 to 15 Hz. This helps to maximize the QRS complex and suppresses the P and T waves as shown in Figure 5.

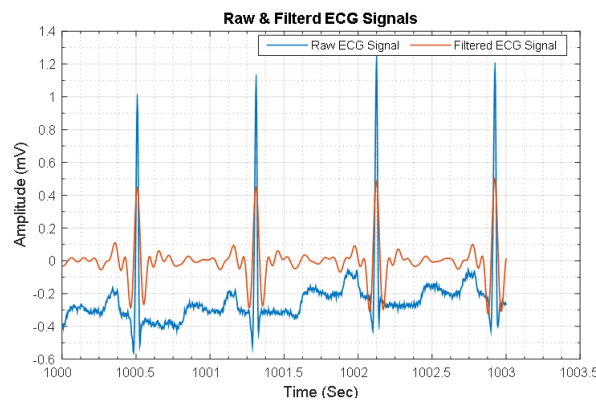


Figure 5. The raw and filtered ECG Signals

### 3.4. Differentiation

Derivation Derivation of ECG signal helps to follow the type of changes and time of occurrence by indicating slopes. The rising of QRS complex (i.e. from Q to R) can be identified using first derivative as a high slop. While, the falling edge of QRS complex (i.e. from R to S) appears as minimum slop. The first derivative differentiation is calculated using 2 points of the central difference using (1).

$$y(k) = \frac{1}{2\Delta t} (y(k+1) - y(k-1)), \quad k = 0, 1, 2, \dots, N-1. \quad (1)$$

Where  $2\Delta t$  is the sampling frequency, period and N is the total number of samples. At the boundaries of time slot (i.e.,  $k=0$ , and  $k=N-1$ ), and based on error minimization, initial conditions can be set. The derivative also helps to remove motion artifacts and baseline drifts.

### 3.5. Hilbert transforms

In this work, Hilbert transform is fed with discrete time-series  $y(k)$ . This operation can be defined as in (2).

$$H(k) = y_H(k) = \text{FFT}^{-1}(f(k) * h(i)). \quad \text{Time or frequency domain.} \quad (2)$$

where the vector  $h$  can be calculated as in Equation (3). The Fast Fourier Transform (FFT) of the  $y(k)$  signal is stored in vector  $f$ , and the acronym  $\text{FFT}^{-1}$  means the Inverse Fast Fourier Transform.

$$\begin{aligned}
 &0 \quad \text{for } i = (N/2) + 2, \dots, N. \\
 &2 \quad \text{for } i = 2, 3, \dots, (N/2). \\
 &1 \quad \text{for } i = 1, (N/2) + 1.
 \end{aligned} \tag{3}$$

In (4) describes the pre-envelope signal of original signal  $y(k)$  which is also considered as the analytic signal.

$$z(k) = y(k) + jy_H(k). \tag{4}$$

The instantaneous magnitude  $a(k)$  of  $z(k)$  is described in (5). It is also considered as the envelope  $f z(k)$ .

$$a(k) = \sqrt{y^2(k) + y_H^2(k)}. \tag{5}$$

While the instantaneous phase angle in the complex plane can be calculated by (6)

$$\theta(k) = \arctan\left(\frac{y_H(k)}{y(k)}\right). \tag{6}$$

#### 4. THE MODIFIED ADAPTIVE THRESHOLD

The most successful technique for R-segment peak detection is the adaptive threshold. However, using one threshold may be accurate enough so at a pair of threshold limits technique can offer more accurate results. These limits called the upper limit threshold ( $u_{th}$ ) and the lower limit threshold ( $l_{th}$ ). In this work a modified adaptive method is proposed to improve the detection accuracy. The proposed method calculates the adaptive thresholds for each analysis window (N samples) as follows:

The upper threshold is defined by (7) where □ is the maximum value observed  $y(k)$  on the point  $k=1, \dots, N$ .

$$u_{th} = 0.5 \times \alpha. \tag{7}$$

And the lower threshold is defined by (8).

$$l_{th} = 0.1 \times \alpha. \tag{8}$$

The dynamic operation of calculating threshold values, update these values with each epoch. Meanwhile, both numbers of detecting peaks (above threshold  $l_{th}$  and threshold  $u_{th}$ ) are calculated.

The number of QRS complexes detected by  $l_{th}$  is denoted by  $Nl_{th}$  while the number of QRS complexes detected by  $u_{th}$  is denoted by  $Nu_{th}$ . Using this technique, the number of detecting peaks is different. The threshold value of  $u_{th}$  is updated using Equation (9).

$$u_{th}(k+1) = u_{th}(k) - w\Delta. \tag{9}$$

where  $w$  is the error weight and  $\Delta = (\mu_k + c \times \sigma_k) \times (u_t - l_{th})$  is the difference between the defined two limits. Where  $c$  is a scaling,  $\mu_k$  and  $\sigma_k$  are the mean and standard deviation of the signal in the current window. Based on simulations on the database  $w = 0.125$  and  $c = 0.8$  were chosen. The value of  $l_{th}$  is calculate using Equation (10). The variables  $w$  and  $\Delta$  are as defined in (9).

$$l_{th}(k+1) = l_{th}(k) + w\Delta. \tag{10}$$

According to their definitions,  $w\Delta = 0.05 \times \alpha$ . Then the lower threshold limit is increased by  $w\Delta$  as well. This process continues until the numbers of detecting QRS for upper and lower thresholds are equal (*i.e.*  $Nl_{th} = Nu_{th}$ ).  $\Delta = (\mu_k + c \times \sigma_k) \times (u_t - l_{th})$  is the addition to improving the QRS detection that will give a good sensitivity.

#### 5. RESULTS

The proposed QRS automatic detection technique has been validated using the MIT-BIH arrhythmia database. This database comprises 48 records. Each record includes an ECG signal with duration of 30 min with 5.556 s. The first channel of each record is needed for QRS detection. A total of 48 records has been analyzed. These records include abnormal signals such as: low amplitude QRS, inverted QRS polarity.

A wide range of testing, performance metric is used to evaluate the detection technique. These metrics include false negative (art) which means not detecting a real beat, false positive (PHP) which

represents the detection of true, false and positive strikes (TP) is the total number devoted to detection correctly by the technique. Using phenotype, sensitivity (C), positive prediction (+P) and detection error rate (DER) can be calculated using equations (11-13). Sensitivity (Sen) (C): The heart rate correctly determined by the algorithm.

$$Sen(\%) = \frac{TP}{TP+FN} \quad (11)$$

Positive Prediction (+P): The detection rate given by the algorithm corresponding to the annotation assigned by the specialist.

$$+P(\%) = \frac{TP}{TP+FP} \quad (12)$$

Detection Error Rate (DER): The percentage of false detections over the total number of detecting heartbeats.

$$DER(\%) = \frac{FP+FN}{TP} \quad (13)$$

A window size of  $\pm 13$  samples is chosen around the beat detection to count this window as one beat detected. The results of the two-thresholds modified technique is listed in Table 1. These results are calculated based on 48 records selected from the MIT-BIH arrhythmia database. The results show that the challenging records are detected successfully with the proposed technique. Examples of these records are: (i) when the R-wave is not centered on the record (e.g., record 100). (ii) When the noise is very high (e.g., record 104 as shown in Figure 6 and (iii), the algorithm detected QRS precisely for record 117 with a challenge of low SNR when the amplitudes of R-peaks are low as shown in Figure 7.

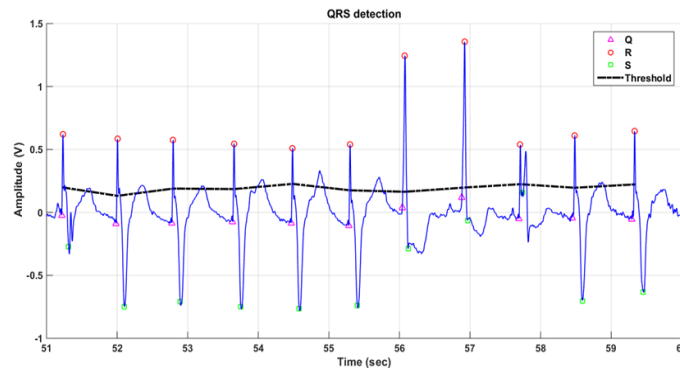


Figure 6. An example of a noisy record (104) detection; from database used in this work

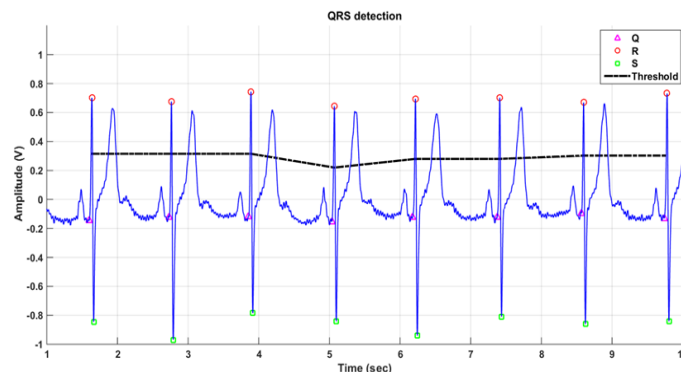


Figure 7. An example, low amplitude QRS complex detection with low SNR (record 117) from database used in this work

The results of the proposed method of detection QRS complexes are accurate. The results of the proposed algorithm can be summarized with the following metrics:  $Se=96.28\%$  and  $+P=99.71$  over 44,715 heartbeats, as shown in Table 1. In spite of excellent results which is achieved by the proposed algorithm, it should be mentioned here that not all records have been detected properly (such as, record 228)

because of negative QRS polarities and ventricular ectopics as shown in Figure 8. This could appear clearly with the sensitivity rate of this record and this could justify the high number of FN beats, which is shown in Table 1.

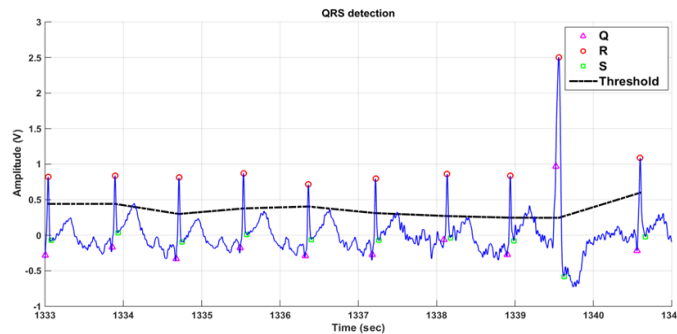


Figure 8. An example QRS complex detection with ventricular ectopics (record 228), from the database used in this work

Table 1. Performance of QRS complex detection method on MIT-BIH arrhythmia database

Record	Beats No.	TP	FN	FP	SEN	P	ACC	DER	Fail Ratio
100	2273	2273	0	0	100	100	100	0	0.00
101	1865	1865	0	0	100	100	100	0	0.00
102	2187	2187	0	0	100	100	100	0	0.00
103	2084	2084	0	0	100	100	100	0	0.00
104	2229	2229	0	0	100	100	100	0	0.00
105	2572	2572	0	1	100	99.96113	99.96113	0.03888	0.00
106	2027	2026	1	0	99.95067	100	99.95067	0.049358	0.00
107	2137	2142	5	0	99.76712	100	99.76712	0.233427	0.00
108	1763	1759	4	1	99.77311	99.94318	99.71655	0.284252	0.00
109	2532	2531	1	0	99.96051	100	99.96051	0.03951	0.00
111	2124	2123	1	0	99.95292	100	99.95292	0.047103	0.00
112	2539	2539	0	0	100	100	100	0	0.00
113	1795	1800	5	0	99.72299	100	99.72299	0.277778	0.00
114	1879	1895	16	0	99.16274	100	99.16274	0.844327	0.01
115	1953	1953	0	0	100	100	100	0	0.00
116	2412	2394	18	2	99.25373	99.91653	99.1715	0.835422	0.01
117	1535	1536	1	0	99.93494	100	99.93494	0.065104	0.00
118	2278	2278	0	0	100	100	100	0	0.00
119	1987	1988	1	0	99.94972	100	99.94972	0.050302	0.00
121	1863	1862	1	0	99.94632	100	99.94632	0.053706	0.00
122	2476	2476	0	0	100	100	100	0	0.00
123	1518	1518	0	0	100	100	100	0	0.00
124	1619	1619	0	0	100	100	100	0	0.00
200	2601	2599	2	0	99.92311	100	99.92311	0.076953	0.00
201	1963	1938	25	2	98.72644	99.89691	98.62595	1.393189	0.01
202	2136	2126	10	0	99.53184	100	99.53184	0.470367	0.00
203	2980	2977	3	0	99.89933	100	99.89933	0.100773	0.00
205	2656	2626	30	0	98.87048	100	98.87048	1.142422	0.01
207	2332	2331	1	2	99.95712	99.91427	99.87147	0.1287	0.00
208	2955	2929	26	2	99.12014	99.93176	99.05309	0.955958	0.01
209	3005	2913	92	0	96.93844	100	96.93844	3.158256	0.03
210	2650	2566	84	0	96.83019	100	96.83019	3.273578	0.03
212	2748	2748	0	0	100	100	100	0	0.00
213	3251	3246	5	0	99.8462	100	99.8462	0.154036	0.00
214	2262	2255	7	0	99.69054	100	99.69054	0.310421	0.00
215	3363	3322	41	0	98.78085	100	98.78085	1.234196	0.01
217	2208	2206	2	1	99.90942	99.95469	99.86419	0.135993	0.00
219	2154	2154	0	3	100	99.86092	99.86092	0.139276	0.00
220	2048	2045	3	0	99.85352	100	99.85352	0.146699	0.00
221	2427	2426	1	0	99.9588	100	99.9588	0.04122	0.00
222	2483	2419	64	0	97.42247	100	97.42247	2.645721	0.03
223	2605	2603	2	0	99.92322	100	99.92322	0.076834	0.00
228	2053	2043	10	3	99.51291	99.85337	99.3677	0.636319	0.01
230	2256	2256	0	0	100	100	100	0	0.00
231	1571	1571	0	0	100	100	100	0	0.00
232	1780	1783	3	86	99.83203	95.39861	95.24573	4.991587	0.05
233	3079	3077	2	0	99.93504	100	99.93504	0.064998	0.00
234	2753	2753	0	0	100	100	100	0	0.00
	109966	109561	467	103	99.62	99.89	99.51	0.50	0.00495

## 6. DISCUSSION

A very well-known dataset is used in this work which is commonly used in many research papers. However, it is not very easy task to compare the performance of state of the art algorithms with our technique. This challenge arises because previously published work algorithms were not tested under the same environments. Moreover, they are not using the same records. To elaborate more, it is logical that QRS complex detection rate increases (e.g., higher performance metrics) when uses healthy records only and excludes the challenging records. Table 2 listed the performance of the modified approach in comparison with other recent works for the QRS detection, evaluation over the MIT-BIH arrhythmia database. In this table, the best results of the state-of-the art algorithms are selected [23-29] to assess our proposed algorithm. The well-known algorithm of Pan and Tompkins [5] is used in many papers as a point to start for better development of QRS detection. To improve QRS detection, many researchers resample the acquired ECG signal at 200 Hz. However, ECG resampling is not needed in our proposed..

Table 2. A comparison of QRS detection performance between the proposed technique and others methods based on MIT-BIH arrhythmia database

NA = NOT AVAILABLE	Sens (%)	Spec (%)	Der (%)
Proposed Algorithm	99.62	99.89	0.5
Basheeruddin Shah Shaik et al. (2015)[23]	99.56	99.52	0.93
Nopadol (2010) [24]	99.10	99.60	1.30
Darrington (2006) [25]	99.00	99.20	1.70
Chen et al. (2006) [26]	99.55	99.49	0.96
Pan and Tompkins (1985) [5]	90.95	99.95	NA
Chouakri et al. (2011) [27]	98.68	97.24	NA
Elgendi et al. (2009) (Method I) [21]	87.90	97.60	NA
Elgendi et al. (2009) (Method II) [21]	97.5	99.9	NA
Chouhan et al. (2008) [28]	98.56	99.18	NA
R. Rodríguez et al. (2015) [29]	96.28	99.71	NA

In this work, a passband filter with a range of (5-15) Hz has been recruited to enhance the QRS energy. Although many researchers agreed to use the (5-15) Hz band, other researches use different passbands. However, most researchers agreed to use cascaded low-pass and high-pass filters to implement Band-pass filter of Pan and Tompkins algorithm [5]. Another addition to this work is to use a first derivate stage to reduce the bad effect of baseline drifts and movement artifacts. This stage is inserted before applying Hilbert transform. Also, another researcher applied adaptive quantized threshold [16]. To overcomes the drawbacks of using fixed thresholds, we suggested a new algorithm for QRS complex detection. This algorithm uses an adaptive upper and lower limits threshold. The results of our proposed algorithm (as can be seen in Tables 1 and 2), show improvement in detection rates of QRS complex due to the use of the combination of Hilbert transforms and modified adaptive threshold. The obtained results using the proposed algorithm is implemented successfully as clearly shown from the comparison between the proposed algorithm and the state of the art results of other researches which is listed in Table 2.

## 7. CONCLUSION

A modified approach for QRS detection suggested and implemented in this work. This approach is implemented by applying a modified adaptive threshold technique. The main contribution of this modified approach is to use the statistical features of ECG signal itself to update the two-threshold values. This modification enhances the detection accuracy of QRS complex, especially with challenging records such as ventricular ectopic, low amplitude R-peaks, negative QRS polarities, and low signal-to-noise ratio. The results proved that the modified algorithm outperforms other methods in performance metrics, including; a sensitivity of 99.88% and positive predictivity of 99.62 % for the used MIT – BIH database

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**BIOGRAPHIES OF AUTHORS**

**Ehab AbdulRazzaq Hussein, PhD. MSc.** Electrical Engineering was born in Babylon on January 1, 1976. He obtained his BSc degree (1997) in Electrical Engineering at the Faculty of Engineering, University of Babylon and MSc degree (2000), in electrical engineering at the Department of Electrical Engineering, University of Technology and his PhD. Degree from the Department of Electrical Engineering at the Faculty of Engineering, University of Basrah, Currently he works as assistant professor at the Electrical Department at the Faculty of Engineering, University of Babylon. His main interest is signal processing, analysis, information transition, sensors and control system analysis.



**Ali Shaban Hassooni, MSc.** Electrical Engineering was born in Babylon on July 7, 1981. He obtained his BSc degree (2003) in Electrical Engineering at the Faculty of Engineering, University of Babylon and MSc degree (2011), in electronic and communication engineering at the Department of Electrical Engineering, University of Babylon, Currently he works at the Biomedical Department at the Faculty of Engineering, University of Babylon. His main interest is medical signal processing, Microcontroller systems, Biomedical sensors and control system analysis.



**Hilal Al-Libawy** received BSc degree in Electrical Engineering from Baghdad University, Baghdad, Iraq, in 1991, MSc degree in electronic engineering in 1995. He is a teaching staff in Babylon University, Babylon, Iraq since 2004 till now. Al-Libawy a PhD student in behavioral analysis and operator fatigue studies since 2013 in the University of Liverpool, Liverpool, UK. His main areas of research interest are behavioral analysis, operator fatigue detection, machine learning, and biological and cognitive modelling including ACT-R architecture