

## IoT Based Medical Assistant Robot (Docto-Bot)

Md. Anowar Hossain<sup>1</sup>, Md. Jasim Uddin Qureshi<sup>2</sup>, Mohammad Anisur Rahaman<sup>3</sup>

<sup>1,3</sup>Department of Electronics and Telecommunication Engineering, Chittagong University of Engineering and Technology, Bangladesh

<sup>2</sup>Department of Electrical and Electronics Engineering, Port City International University, Bangladesh

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### ABSTRACT

The world's population is growing every day, and so is the number of patients. People's life expectancy is increasing due to technology's welfare, but the problem is that the health sector has always faced a shortage of inadequate doctors. This research main objective was to design & implement a biomedical-based medical assistant robot named "Docto-Bot" to deal with this problem. This research concerns this medical assistant robot's design and development for the disabled and the patients in need. Such a robot's prime utilization is to minimize person-to-person contact and ensure the cleaning, sterilization, and support in hospitals and similar facilities such as quarantine. This prototype robot consists of a medicine reminding and medicine providing system, Automatic hand sanitizer and IoT based Physiological Monitoring System (Body Temperature, Pulse rate, ECG, Oxygen saturation level). A direct one-to-one server-based communication method and user-end android app maintaining system designed. It also included the controlling part, which control automatically and manually by users. Docto-Bot will play a very significant factor in bio-medical robot applications. Though the achievements described in the paper look fruitful and advanced, shortcomings still exist.

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### Corresponding Author:

Md. Anowar Hossain,  
Department of Electronics and Telecommunication Engineering,  
Chittagong University of Engineering and Technology,  
Department of ETE, CUET, Pahartoli, Raozan-4349, Chittagong, Bangladesh.  
Email: [anowarhossain.cuet@gmail.com](mailto:anowarhossain.cuet@gmail.com)

## 1. INTRODUCTION

Nowadays, advanced mechanics are all over the place. Humans are encircled by innovation in each respect of life. Without innovation, men aren't capable of leading their life with full of joy. Simultaneously, our dependency on machines has evolved in the same way that technologists make our lives easier through discoveries. To improve the experience, we update our rationale, frameworks, philosophy and everything. Because of expanding the populations worldwide, Doctors and Medical assistants can't look after properly as they want.

According to the WHO member status report [1], we have less than one doctor per thousand people for providing proper support in medical health issues in our world. In case of an emergency like the present corona pandemic, this inadequacy is even more noticeable. As a result, Doctors, Nurses and Medical assistants are forced to serve everyone and become more vulnerable to their family and themselves, which is increasing the rate of contact with more affected people. Moreover, poverty has become a significant issue in 3rd world countries [26]. More people need more nurses for checkups and this increases the level of spending in the health sector. In this case, a robot could obtain some initial information (such as Body Temperature, BPM, Oxygen Saturation Level, ECG) of the patient without the doctor or nurse's direct contact, and it could significantly reduce those problems. On the other hand, even in matters like round-check of the patient, giving medicine as per the prescription, talking directly to the doctor - even if the

doctor does not go directly to the patient physically and this robot can largely overcome the doctor's inadequacy. And at the end of the day, this robot will significantly reduce the cost of routine checkups per capita in the health sector by hospitals. As a result, patients will also receive a low-cost healthcare service.

In recent years, many pieces of research have been developed in this sector individually. We went through various works on medical assistance [2,15] autonomous robots [3]. The majority of medical personal wanted to control their assistant robot over the internet [4]. Another paper named as FASTele – A Tele-Echography portable robot system can be used by any paramedic for an emergency purpose [5]. There have been some methods on the PMS (Patient Monitoring System) [6], advanced healthcare [7], smart healthcare [16], digital thermometer [17], Non-contact Infrared Thermometer [8]. A pulse oximeter design based on Raspberry [9], pulse oximeter [18], heartbeat monitoring [27], IoT device for heart problem detection [28] and Temperature-Humidity measurement system [10] has already been acknowledged in our work. We thought of using a unique robotics utilization and prescribed medicine care [11] for the healthcare digitalization sector [19]. In the controlling portion, some research based on path-finding autonomous movement [12], obstacle avoidance [20,21], some are based on android app related user-end manual controlling [13].

As we sort out this research and summarize this, we have concluded that a complete solution can only be achieved by combining these three points. Those are: (i) Mobility- Movement and Transportation characteristic from one location to another; (ii) Physiological monitoring- to evaluate the physiological conditions of patients and monitor their health status remotely; (iii) Assistance with daily activities- help in carrying out activities related to self-care.

Thus, this paper aims to represent Docto-Bot, a biomedical-based humanoid autonomous robot, by maintaining those three parameters. In particular, we refer Docto-Bot to hospitals to reduce nurse's and medical assistants' direct workload. A proof-of-concept and the prototype is presented in this work. Experimental results show insights that this Docto-Bot can be used as a medical assistant.

## 2. RESEARCH METHOD

This segment presents and portrays the strategies for the proposed framework that incorporate the framework system overview in Section 2.1, system architecture in Section 2.2, design and implementation in segment 2.3.

### 2.1 System Overview

The three parameters are mentioned which include Mobility and movement, Physiological monitoring, Assistance with daily activities. The whole system consists of an IP camera, sensors, microcontroller unit, Wi-Fi module, GSM module, RTC module, LCD, OLED display, automatic sanitizer unit, motor driver and motors; a block diagram of the proposed system present in Figure 1.

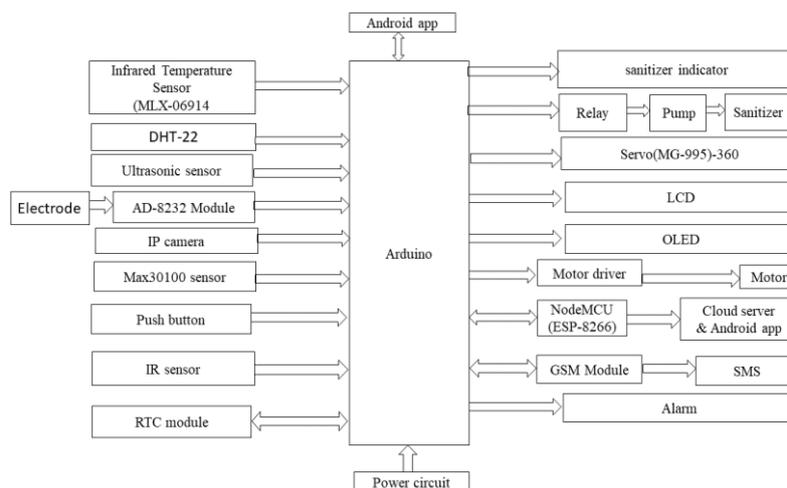


Figure 1. Block diagram of the proposed system including- mobility and movement, physiological monitoring, assistance with daily activities.

### 2.2 System Architecture

We have divided the physiological monitoring system into two portions; Figure 2(a) & Figure 2(b) represents that architecture.

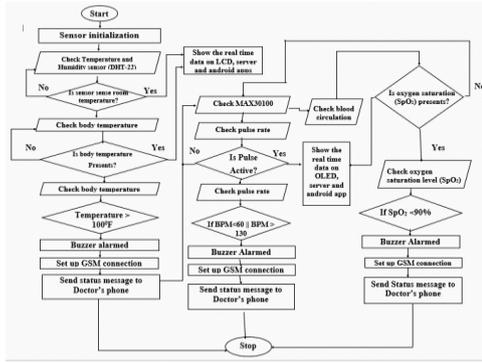


Figure 2(a). Flow chart of the physiological monitoring system (body temperature, pulse rate, oxygen saturation level, room temperature and humidity monitoring system).

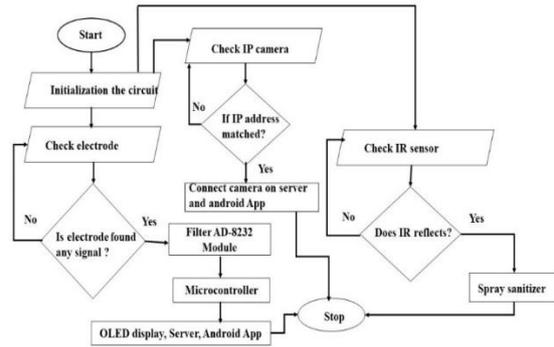


Figure 2(b). Flow chart of the physiological monitoring system (ECG, IP camera and automatic sanitizing system).

To remind medicine time and medicine name Docto-Bot has assistance with daily activities system. Figure 3(a) presents the medicine reminding and medicine providing system.

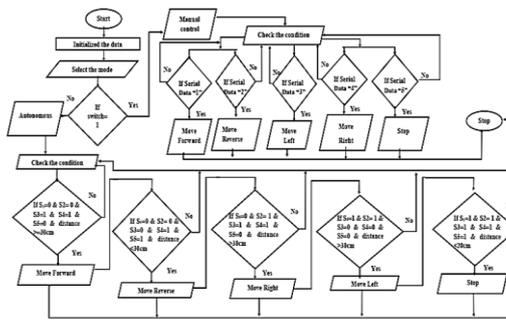


Figure 3(a). Flow chart of medicine reminding and medicine providing system for separate six medicine schedule.

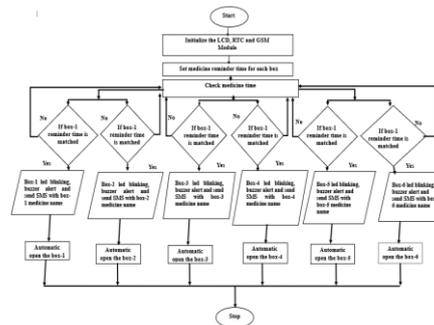


Figure 3(b). Flow chart of mobility and movement system architecture for both in automatic and manual mode.

For mobility and movement control, the architecture in Figure 3(b) is presented. In automatic mode, the IR sensor detects the path by LFR (Line Following Robot) system and the Ultrasonic sensor detects the track's obstacle. And in the manual control system, an android app and Wi-Fi module work as a serial communication system.

### 2.3 Design and Implementation

This segment offers and describes the techniques of the proposed model that include the device physiological monitoring system defines in Section 2.3.1, assistance with daily activities in Section 2.3.2 and control system in section 2.3.3.

#### 2.3.1 Physiological Monitoring System

In the physiological monitoring system, we were implied different sensors. We used (MLX-06914) sensor to measure body temperature, which senses the patient's body temperature by using infrared rays and transferring the data to Arduino (Mega 2560). After that, Arduino processes all this data and gradually shows it on the LCD and android app; this is present in Figure 5(a) & Figure 8. When the suspect's temperature crosses 100°F level, the system will alarm and Docto-Bot will send an SMS to authorized people [29] via GSM module. If it's necessary, the suspect can check pulse rate via Docto-Bot. When the suspect's pulse is active, the BPM value will then appear in the display and an android application. If the BPM rate is upper than 130 or below 60 [14], the alarm will ON and Docto-Bot will send an SMS to

authorized people. Then suspects can check the oxygen saturation level via Docto-Bot. If blood circulation is present, the SpO<sub>2</sub> value will appear in Figure 5(a) and an android application in Figure 8. While the SpO<sub>2</sub> level is less than 90% [31], the alarm will ON.

Suspects can also measure ECG [23] by three-electrode method in Figure 5(b). For sensing the ECG signal, the electrodes are used and for filtering the ECG signal AD-8232 module. A Microcontroller is present for making a decision. Microcontroller collects the data from the AD-8232 module and processes it. The graphical representation of the data will appear in an Arduino serial monitor in Figure 7.

The microcontroller will also transfer the data to the server via a Wi-Fi module. For communication between suspect & authorized person via video conference, we conduct an IP camera on Docto-Bot. IP camera will show live streaming video [25] on the android application and also on the cloud server. All the processed data sent to the server mentioned here has been done through the IoT system in Figure 9.

### 2.3.2 Assistance with daily activities

To remind medicine time and medicine name, Docto-Bot has a medicine reminder system. This system also provides medicine. RTC module used to hold the Remote Time Clock [24]. The system has six boxes; accordingly, based on the timing of taking the medication. By using pushbuttons, the medicine reminder time is set for each box. Then the system is checked the medicine reminder time for each package. If the time is matched, the system is alarmed, blink LED on the specific box and automatically opened using a servo motor [30] in Figure 6(a). Besides, an SMS is sent to the patient and caregiver to including the medicine name and medicine taken time. Here, all of the data is processed by Arduino.

For measuring the room temperature and humidity DHT-22 sensor has been used. Microcontroller collects the sensor data and shows the data in LCD, cloud server [22], android app in Figure 6(b).

### 2.3.3 Control System

Docto-bot has two control systems. These are autonomous control mode and manual control mode. For autonomous mode, an ultrasonic sensor, a servo motor, four 12V DC gear motor, and Five IR sensor is used. IR sensor detects the path by Line Following Robot [12] system, and the Ultrasonic sensor detects the track's obstacle. To see the barrier towards the whole area, we use a servo motor to rotate the ultrasonic sensor at 360° angles and the full system is working as required programming in the following Figure 3(a).

In the manual control system, an android app and a Wi-Fi module are used. Android app works as a transmitter and the microcontroller & Wi-Fi module works as a receiver. Using the serial communication method, we control Docto-Bot left, right, forward, reverse, and stop using the android app.

## 3. RESULTS AND DISCUSSIONS

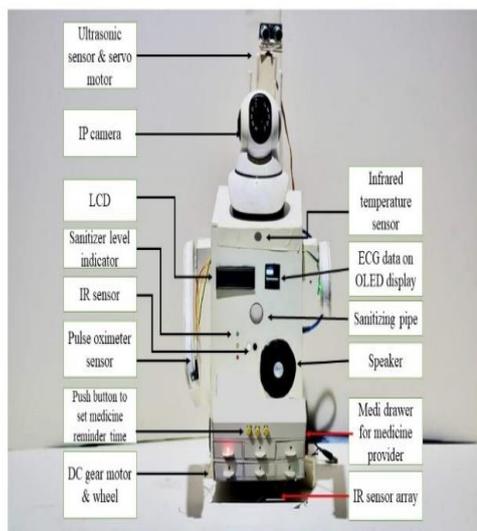


Figure 4(a). Front view of Docto-Bot including a physiological monitoring system, automatic sanitizer, room temperature and humidity monitoring, two control system, IP camera, medicine reminder and provider system.



Figure 4(b). Back view of Docto-Bot, including internal circuit.



Figure 5(a). Body temperature, pulse rate and oxygen saturation level shown in LCD.

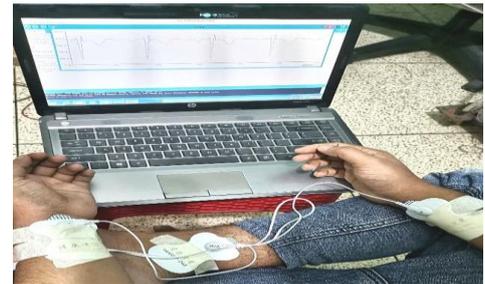


Figure 5(b). Taking patients Electro-Cardio Graph (ECG) by the three-electrode method.



Figure 6(a). Medicine reminder and medicine providing system for assistance with daily activities.



Figure 6(b). The room temperature and humidity results displaying through LCD.



Figure 7. The graphical representation of ECG appeared in an Arduino serial monitor

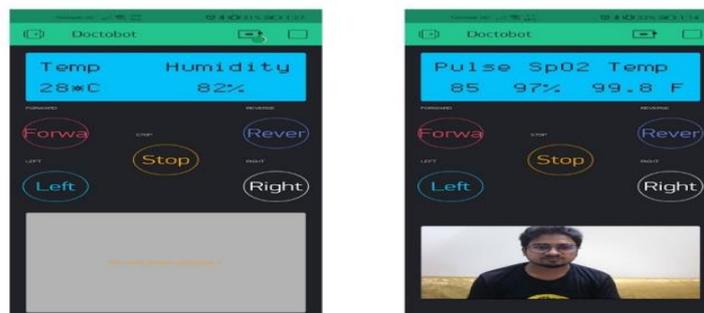


Figure 8. Displaying data for a physiological monitoring system in the android app.



Figure 9. All the processed data sent to the cloud server through the IoT system.

We test the body temperature, pulse rate (BPM) and oxygen saturation (SpO<sub>2</sub>) level with twenty patients. The patient's data given in Table 1.

Table 1. Docto-Bot measured twenty patient body temperature, pulse rate and oxygen saturation level data.

Name Of Patient (Day 1)	Age	Sex	BPM	Temperature (F)	SpO <sub>2</sub> (%)
A.T.M	22	Male	88	98	100
Jasim	25	Male	73	96.8	98
Rifat	24	Male	95	99.8	98
Sabbir	25	Male	91	99.2	97
Bappi	37	Male	82	98.7	95
Sayeed	29	Male	90	96.2	99
Shntunua	35	Male	78	98.1	85
Nasrin	19	Female	89	89.6	89
Tasnim	42	Female	77	97.2	88
Mahin	24	Female	93	93.5	98
Sorovi	25	Female	95	93	96
Rubi	22	Female	92	95.7	99
Juma	25	Female	95	95	96
Jamshed	24	Male	82	98	96
Lujaina	25	Female	76	95.2	96
Anowar	25	Male	85	99.8	97
Noha	29	Female	76	98.1	89
Sunny	35	Male	73	98.8	79
Arif	19	Male	88	95.8	83
Akhi	19	Female	82	97.6	95

Docto-Bot taken patient temperature, pulse rate (BPM), and oxygen saturation level data are shown in the bar graph in Figure 10.

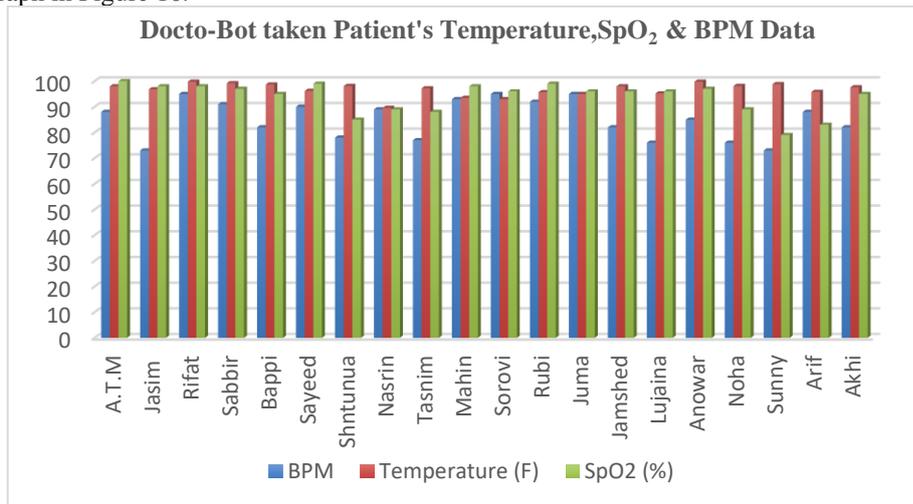


Figure 10. Docto-Bot takes testing data of body temperature (°F), pulse rate (BPM), oxygen saturation (SpO<sub>2</sub>) level for twenty patients.

At last, in this section, we present a comparison result between Docto-Bot and conventional medical equipment in Table 2.

Table 2. A comparison result between Docto-Bot and conventional medical equipment.

	BPM (Docto-Bot)	Temperture(F)(Docto-Bot)	SpO2(%) (Docto-Bot)	BPM(Medical)	Temperture(F) (Medical)	SpO2(%) (Medical)
A.T.M	88	98	100	88	99	99
Jasim	73	96.8	98	75	97	98
Rifat	95	99.8	98	95	99.8	98
Sabbir	91	99.2	97	91	98.8	97
Bappi	82	98.7	95	83	98.7	95
Sayeed	90	96.2	99	90	96.2	100
Shntunua	78	98.1	85	79	98.1	85
Nasrin	89	89.6	89	89	89.6	92
Tasnim	77	97.2	88	77	97.2	95
Mahin	93	93.5	98	93	93.5	97
Sorovi	95	93	96	95	93	96
Rubi	92	95.7	99	92	95.5	99
Juma	95	95	96	90	95	96
Jamshed	82	98	96	82	97	96
Lujaina	76	95.2	96	77	95.2	93
Anowar	89	99.8	98	89	99.8	98
Noha	76	98.1	89	76	98.1	90
Sunny	73	98.8	79	73	98.8	85
Arif	88	95.8	83	88	94	92
Akhi	82	97.6	95	84	98	96

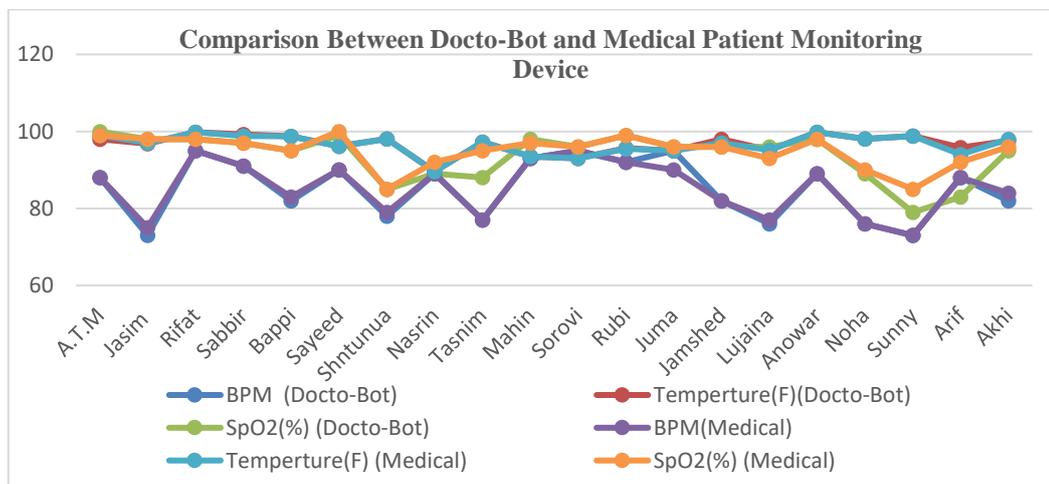


Figure 11. A graphical representation of the comparison result between Docto-Bot and conventional medical equipment.

4. CONCLUSION

In this paper, we have worked on designing and developing the medical assistant robot "Docto-Bot" as primary patient monitoring and patient caring assistance with daily activities. For user friendly purpose we design "Docto-Bot" with manual and autonomous control system. Doctors from anywhere in the world will be able to show the all patient data without touching the patient through the IoT system and make communicate video calls with the patient. We believe this robot will go a long way in alleviating the lack of adequate doctors in medical services around the world. Anyone who knows primary operating can also use Docto-Bot as a medical assistant in his family. Machine learning and AI system will be carried through in the future.

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